

ॐ जन्मसाफल्योपदेशपञ्चकम् - ९-९-२०१३

om janmasāphalyopadeśapañcakam - 9-9-2013

पावनजन्मसाफल्यं यतः सिद्धं ततः परम् ।

नान्यदस्तीति त्वं वेद ह्यानन्दः परमो भव ॥१॥

pāvanajanmasāphalyam yataḥ siddham tataḥ param |
nānyadastīti tvam veda hyānandaḥ paramo bhava ||1||

1. Fulfillment of this pure or sacred birth is through which, there is nothing great than it (Brahman), thus you know; definitely you become supremely blissful (through realization of Brahman).

जन्मभिर्फलमेवैषा मुमुक्षुता तवाद्य हि ।

न भवेज्जन्म व्यर्थं ते ह्यानन्दः परमो भव ॥२॥

janmabhirphalamevaiṣā mumukṣutā tavādya hi |
na bhavejjanma vyarthaṁ te hyānandaḥ paramo bhava ||2||

2. The fruit of many births is definitely this desire for liberation that you have got today. Your birth doesn't go waste, therefore become supremely blissful (through realization of Brahman).

देवैः सुदुर्लभा मुक्तिः मुक्तिस्तु नरजन्मना ।

जन्मप्राप्य ततः शान्तिं ह्यानन्दः परमो भव ॥३॥

devaiḥ sudurlabhā muktiḥ muktistu narajanmanā |
janmaprāpya tataḥ śāntim hyānandaḥ paramo bhava ||3||

3. For Gods too liberation is very tough to attain and it is attained only through a human birth; having attained such a birth, therefore you become supremely blissful (through realization of Brahman).

मुक्तिर्ज्ञानात्तत्त्वद्यैव लभते नरजन्मना ।

ज्ञानं श्रमेण त्वं लब्ध्वा ह्यानन्दः परमो भव ॥४॥

mukṭirjñānāttatvadyaiva labhate naraḥjanmanā |
jñānaṁ śrameṇa tvam labdhvā hyānandaḥ paramo bhava ||4||

4. Liberation is through knowledge and knowledge is attained now itself through human birth. Attaining knowledge through effort, you become supremely blissful (realization of Brahman – it is establishment in jnaana).

न दुःखं तु सदैवास्ति ज्ञात्वा ब्रह्म परं पुनः ।

न विस्मृतिः सदैवास्ति ह्यानन्दः परमो भव ॥५॥

na duḥkhaṁ tu sadaivāsti jñātvā brahma paraṁ punaḥ |
na vismṛtiḥ sadaivāsti hyānando paramo bhava ||5||

5. After knowing Brahman there is definitely no sorrow at all at all times. Again there is no forgetting of Brahman at all times. Therefore you become supremely blissful (through realization of Brahman).

योऽनुष्ठेच्च पठेन्नित्यं पञ्चकं पावनं परम् ।

तस्य दुःखं न तापं च ब्रह्मानन्दं सदा सदा ॥६॥

yo'nuṣṭhecca paṭhennityaṁ pañcakaṁ pāvanaṁ param |
tasya duḥkhaṁ na tāpaṁ ca brahmānandaṁ sadā sadā ||6||

6. One who learns and implements this pure and supreme pancakam (five slokas) always, he will not have sorrow or suffering; he will have bliss of Brahman at all times, at all times.